



## TRAINING POLICY

It is a policy of Newport Pagnell Town Football Club (The Club) to provide organised football skill training for all members within an environment where boys and girls can play football, which is a safe and enjoyable place to develop their football skills. This training plan should cover the four elements as outlined in The FA's training objectives.

### Aim of training

- ? All coaches share and work towards The FA's vision, values and competencies. The shared aim is to use the power of football to build a better future.
- ? Our values are to be responsive to the needs of our players and football in general.
- ? To be confident in our approach and show courage in our actions.
- ? To be open to new ideas and be able to take on board other views.
- ? Our work should be inclusive, encouraging everyone to enjoy and love of the great game.
- ? Everyone is accountable to those they work with and to football and the community at large.
- ? To be challenging in our work and sessions to bring out the best in our players. To be passionate for the game and pass on this passion, encouraging others to develop a life-long love of the game.
- ? Our shared competences are those of leadership, taking responsibility and showing direction.
- ? To be aware of the change orientation and using change to help us meet our vision.
- ? To be able to communicate and influence those around us, taking ownership of the game and to demonstrate achievement and contribute to the game.
- ? To be innovative in our approach to this important role.

### Control of training

- ? All training sessions are carried out in accordance with The Club's 'Code of Conduct for Coaches'; and are structured and planned to the participants' needs and experience.
- ? All sessions will be under the control of an accredited coach who has achieved a minimum of The FA's 'Level 1 Certificate in Coaching Football', and should have present for the full duration a person accredited in Emergency First Aid.

### Training sessions

- ? Each session is to be undertaken at the time and for the duration, as designated. All participants (and parents/guardians) are required to adhere to the start and finish times and comply with the coaches' directives.
- ? All sessions are undertaken at locations with controlled environments, on grass, all weather or indoor surfaces. All specific details relating to individuals/teams are to be outlined prior to the commencement of each season.
- ? All participants are required to wear appropriate clothing as instructed. The wearing of shin pads is compulsory, and no jewellery is to be worn. Likewise, the chewing of gum is not recommended.
- ? In the interests of safety, children are not to be left unattended at The Club's grounds before training/matches/events. Until a coach/manager is present to accept responsibility of the child(ren), this responsibility remains with the parent/guardian. Likewise, upon completion of the

activity children should be collected promptly unless alternative arrangements have previously been agreed with the coach/manager concerned.

Any kit and/or equipment supplied by The Club belongs to The Club, and as such should be returned to The Club should any player/team leave The Club (either by choice or through disciplinary actions). In the event of any team folding its assets should be returned to The Club for dispersion as deemed appropriate by the Club Committee.